

Instructions for Authors

The Health and the Environment Journal welcomes manuscripts on all aspects of health sciences and community service in the form of review articles, original articles, case report and technical notes. To avoid delay in publication, authors are advised to adhere closely to the instructions below.

Text: Articles must be submitted with 1.5 line spacing and margins of 2.5 cm on all sides. Text should be printed with 12-point font Times New Roman without underlining, italics or bold (except for special purpose such as scientific names). The text should be left and right justified. SI units and standard abbreviations should be used. Typescripts should be submitted as Word files.

Title Page: The first page should include a concise, informative title using title case, 14-point text and centered on page. The author names should use 10-point font indicating initials followed by family name, or full name. A comma between authors and superscript a, b, c etc. to indicate affiliation should be used. A contact name for correspondence should be given and telephone, fax and email addresses provided. Authors should supply three to five key words or phrases.

Abstract: Each article should come with an accurate and informative abstract, written in a single paragraph with a maximum of 250 words in English.

Table: Tables should be in the simplest form, with no duplicate information in the text or figures. They should be typed on separate pages, one page for each Table, at the end of the article with headings on top of the table describing their content.

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References: References should be based on Harvard style (Author, Year). All references should be listed in alphabetical order in the Reference section with the format authors, years, title of paper, journal title, volume, issue number, and pages. At least 60% of the references should be recent of not more than five years.

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